

# Refresher Gap Filling 4 Month Training Program

Final Examination 2023 June

**Total Marks: 100**

**Index No:**

**Write all questions. U**

Question no (1)

Underline the correct answer given below for the question/ statement given above.

1.i) The formal nursing education started in this year with establishing the school of nursing, Colombo

- a) In 1950
- b) In 1939
- c) In 1948
- d) In 1956

1.ii) The correct order of the nursing care plan is,

- a) nursing diagnosis, assessment, planning, implementation, evaluation
- b) nursing diagnosis, assessment, implementation, planning, evaluation
- c) assessment, nursing diagnosis, planning, implementation, evaluation
- d) nursing diagnosis, assessment, implementation, evaluation, planning

1.iii) 1. Which of the following is purpose of Nursing.

- i. To give nursing care and assist with nourishing.
- ii. To provide & maintain maximum health status & help individual.
- iii. To assist with medical and surgical treatment.
- iv. To provide health and give health education to the society.

1.iv) Patient is having haemoptysis

- i. Apply a cold compress on the nose
- ii. Apply a ice collar
- iii. Inform in charge nurse
- iv. Allow patient to sit in a chair and keeping head lower.

1.v) Which of the following muscle is suitable for giving 3ml of IM injection.

- i. Deltoid
- ii. Dorso gluteal
- iii. Vastus medium
- iv. Vastus Lateralis.

. 1.vi) Which immunization produces a permanent scar.

- i. DPT
- ii BCG
- iii Measles
- iv Hepatitis B

. 1.vii) The example for **Isotonic solution** is,

- a) 5% Dextrose
- b) 25% Dextrose
- c) Hartman's solution
- d) 9% Normal Saline.

1.viii) The Sitz bath is used to reduce inflammation for which area of following.

- a) for scalp
- b) for painful abdomen
- c) for perinium
- d.) deltoid muscle

1.ix) Hospital acquired infectious are also called as.

- a.) Droplet infection
- b.) Respiratory Tract Infection.
- c.) Nosocomial infection
- d.) Cross Infection.

1.x) Which is cause for induction of labour?

- a) Transverse fetal lie
- b) Post term pregnancy
- c) Placenta previa
- d) Past two caesarian section

1.xi) What is not a feature of placental abruption?

- a) Painless vaginal bleeding
- b) Woody hard uterus
- c) uterine tetany
- d) Uterine tenderness

1.xii) Code of ethics includes,

- a) Nurse and people, council, community, profession, coworkers
- b) Nurse and community, coworkers, profession, people, council
- c) Nurse and coworkers, council, people, profession, society
- d) Nurse and profession, people, society, practice, coworkers

1.xiii) Following are the importance skills that should be develop for maintaining interpersonal relationship. What is the most important skill out of those?

- a.) Counselling skills
- b.) Reporting Skills
- c.) Observation skills
- d.) Communication Skills.

1.xiv) The most important data to gather from a patient with Epilepsy to prevent danger in next fit attack is,

- a Ask aura signs
- b Ask the date of past attack
- c Ask duration of fits
- d Ask treatments taken

1.xv) The initiate nursing care for a patient with myocardial infarction is,

- a) Keep patient nil orally,
- b) Reassure patient,
- c) Administer pain killer,
- d) All of above

(30 Marks)

## Question 2

Filling the blanks

2. I) When administering intramuscular injections, the needle is hold.....degree from the Skin.

2.ii) Rothera' test is done to test.....in the urine.

2.iii) The condition 'Tetany' is mainly occurred due to decrease of..... in Electrolytes.

2.iv) The first action the nurse must do, when observe a patient with burst abdomen is .....

2.v) The Serum Sodium level of a healthy adult is .....

2.vi) The difference between systolic and diastolic pressure is called .....

2.vii) The cold compress is applied in bruising and sprains to reduce .....and  
.....

2.viii) At acute Myocardial Infarction, before hospital admission the drug.....can  
Can be administered to chew.

2.ix) If the medical officer prescribes Nitroglycerine cream to dilate the Coronary arteries, the route of  
administering is .....

2.x) When applying Basic Life Support, the way of positioning to open the air way is  
.....

( 10 marks)

(3). Match the words/ phrases in column (A) with the words/ phrases in column ( B) and put  
the relevant letter in the bracket. ( 10 marks )

<b>01</b>	Palliative care	( )	a)	Menopause
<b>02.</b>	Thrombophlebitis	( )	b)	Morphine sulphate
<b>03</b>	Meningitis	( )	c)	Apprehension accompanied by insomnia
<b>04</b>	Permanent cessation of menstruation	( )	d)	Satisfaction in infant gets from their mouth by sucking
<b>05</b>	Colostrum's	( )	e)	Produced by the gut
<b>06</b>	Patent Ductus Arteriosus (PDA)	( )	f)	A blood clot to form and block one or more veins usually in the legs.
<b>07</b>	Anxiety	( )	g)	Care for the terminally ill person
<b>08</b>	Oral stage	( )	h)	Inflammation of the protective membranes covering the brain and spinal cord
<b>09</b>	Vitamin K	( )	i)	Acyanotic congenital heart disease.
<b>10</b>	Narcotic	( )	j)	Have lot of antibodies

**Question No 4**

4.i Name the micro-organism of Dengue fever?

(1 mark)

4.ii) What are the three stages of dengue?

- a)
- b)
- c)

(1 1/2 marks)

4.iii) Mention 5 important signs and symptoms of a patient with Dengue?

- a)
- b)
- c)
- d)
- e)

(2 1/2 marks)

4.iv) Write 6 important nursing care to be applied to a patient with dengue at 2<sup>nd</sup> and 3<sup>rd</sup> stage?

- A
- B
- C
- D
- E
- F

( 6 marks)

4.v) What are the essential health education to inform to the society to prevent this condition?

A

B

C

D

(2 marks)

**Question No 5**

5.i) What are the minor disorders in 1<sup>st</sup> semester of pregnancy?

A

B

C

D

( 2 marks)

5.ii) Briefly explain the stages of labor?

Ist Stage:

2<sup>nd</sup> Stage

3<sup>rd</sup> Stage

(6 marks)

5.iii) Write very important nursing care for the post natal mother to be performed during 1st 6 hours after delivery?

- A.
- B.
- C.
- D.
- E.
- F.

( 6 marks)

6. List out the key important points when storing the drugs in the hospital?

- A.
- B.
- C.
- D.
- E.

( 5 marks)

7. ) Mr.Perera, 30 years old is admitted to the ETU following a road traffic accident RTA. He has an open wound on left forearm.

A. Mention the initial assessment to be done for the patient with RTA

- i.
- li.
- lii.
- lv.

( 2 marks)

B. What are the immediate management to be done Mr Perera?

I.

ii.

iii.

iv.

v.

(5 marks)

C. Write 6 nursing interventions to promote the wound healing?

A.

B

C.

D.

E.

F.

(3 marks)

8. i The medical officer has prescribed to a patient with diarrhoea as, "2 pints of Normal saline to be administered within 6 hours". Calculate the drop rate per minute. (Drip factor is 20 drops/ml)

(4 marks)

8 ii Write 4 characteristics of a person with normal mental condition.

A.

B.

C.

D.

( 4 marks)